



LATHROP HIGH SCHOOL

Spartan Athletic Department

Principal: David Chamberlain

Athletic Director: Bill Slikker

SPARTAN CROSS COUNTRY

Fall 2009

<u>DATE/DAY</u>	<u>MEET</u>	<u>LOCATION</u>	<u>LEAVE</u>	<u>RETURN</u>
9/12 Sat	Sierra Invitational	Legion Park, Modesto	7:00 AM	1:00 PM
9/19 Sat	Bret Harte Invitational	Calaveras Fairgrounds, Frogtown/Angels Camp	6:30 AM	4:00 PM
10/1 Thurs	VOL MEET #1	Frogtown/Angels Camp	12:30 PM	7:00 PM
10/10 Sat	Castro Valley Invite	Canyon Middle School, Castro Valley	7:00 AM	4:00 PM
10/14 Wed	VOL MEET #2	Oakdale	1:30 PM	6:00 PM
10/17 Sat	Mariner/Saucony Invitational	MCHS, Hayward	7:00 AM	4:00 PM
10/28 Wed	VOL CHAMPION. (VOL MEET #3)	Legion Park, Modesto	12:00 PM	6:00 PM
11/7 Sat	Sub-Section	Calaveras Fairgrounds, Frogtown/Angels Camp	8:00 AM	7:00 PM
11/14 Sat	Sections	Willow Hills Reservoir Folsom	8:00 AM	7:00 PM
11/21 Sat	State Meet	Woodward Park, Fresno	TBA	TBA

HEAD COACH: Jim Elam
ASSISTANT COACH: Ann Elam