

# SIERRA HIGH SCHOOL ATHLETIC CLEARANCE

Quick steps for parents/students using online athletic clearance process

## Online Athletic Clearance

1. Visit [www.AthleticClearance.com](http://www.AthleticClearance.com). Click on CA
2. Watch the **"See How It Works"** Video
3. **Register.** (First time to visit this site) Parents register with a valid email, username and password. You will be asked to type in a code to verify you are human. If this step is skipped your account will not activate. **OR**
4. **Log in (if you already have an account)**
5. Select **"Start Clearance"** to start the process (upper left side)
6. Choose the **school year** which the student plans to participate. *Example: Volleyball in August 2018 would be the 2018-19 school year. Softball in Feb would also be 2018-19 school year.*
7. Choose Sierra High School (**SIERRA-CIF-SJS**) as the school the student will compete for
8. Choose any, and all, sports the student may wish to participate in throughout the school year.
9. Complete all required fields for student information, educational history, medical history and signature forms.
10. At one point, you will need to scan/take a picture and upload a copy of the **SHS Athletic Clearance Form**, (*our form is required*) signed by a physician (*no chiropractors*). We will be glad to assist should you need help with this step.
11. Once you reach the **confirmation message**, you have completed the process and will need to print the confirmation (or signature) page.
12. The confirmation (or signature) page must be returned to the Athletic Secretary at SHS signed by both the parent and student in order for the student to be **cleared for sports participation**
13. All of this data will be electronically filed with Sierra High Schools Athletic Dept for review. When the student has been cleared for participation, you will receive an email notification and the coaches of the sports chosen will be able to see who has been cleared.

## Physicals:

The SHS Athletic Clearance Form can be downloaded at **Step#1** or at **Student Info** at the bottom of the page or you can pick one up in the office or get one from your coach. *Valid and up to date physicals will need to be uploaded through this process as well.*

***This process needs to be completed with each recurring school year.***