



# IF YOUR STUDENT HAS SYMPTOMS OF COVID-19

## A QUICK GUIDE FOR PARENTS AND GUARDIANS

Before arriving on campus, students are required to complete the daily self-screening survey. If the survey results instruct your student to stay home, please complete the contact tracing form in the survey, then follow the steps below!

### NOTIFY

#### DO NOT COME TO ANY MUSD SITE:

Call your student’s school site to report an absence and to prepare arrangements for upcoming assignments and homework.

A representative from Health Services will contact you with a questionnaire for contact tracing purposes.



### NOT TESTED

#### DO NOT COME TO ANY MUSD SITE:

Isolate at home. Avoid others in the household and do not leave the home except to seek medical care.

This child can return to school and other activities when all the following are true:

- It has been at least 10 days since symptoms started AND
- They have not had a fever for 24 hours without any fever-reducing medication AND
- The other symptoms have improved
- MUSD may require clearance by a doctor

### NEGATIVE TEST RESULTS

The symptomatic child that tested negative for COVID-19 may return to school when all the following are true:

- 10 days since symptoms first appeared AND
- 24 hours with no fever without the use of fever-reducing medications AND
- Other symptoms of COVID-19 are improving

### POSITIVE TEST RESULTS

If your student test results return positive, please follow the steps on page 2.



### CLOSE CONTACTS

**A Student that has had close contact with someone that has been diagnosed with COVID-19 in the past 14 days MUST quarantine (stay home).**

You will need to call your school site which will generate a call from a Health Services representative. A school nurse will need to conduct contact tracing questionnaire. Please be prepared to identify any persons your child has close contact with, including siblings.





# IF YOUR STUDENT TESTS POSITIVE FOR COVID-19

## A QUICK GUIDE FOR PARENTS AND GUARDIANS

### STEP 1

#### NOTIFY

##### DO NOT COME TO ANY MUSD SITE:

Call your student's school site to report an absence and to prepare arrangements for upcoming assignments and homework. Your school site will request that you complete the daily self-screening survey if it has not yet been completed.

A representative from Health Services will contact you with a questionnaire for contact tracing purposes. Close contacts of your student (within 6 feet for more than 15 minutes), including siblings and other family members who live in the same home, should stay at home (quarantine) for 14 days after their last contact with the person that tested positive.

### STEP 2

#### IDENTIFY ANY SYMPTOMS

Does your student have any of the following symptoms of COVID-19?

- Fever (above 100.4 degrees) or chills
- Sore throat
- Cough (new uncontrolled cough that causes difficulty breathing outside of their norm)
- Diarrhea, nausea, or vomiting
- Headache (new onset of severe headache, especially with a fever)
- Loss of taste or smell
- Shortness of breath or difficulty breathing
- Muscle or body aches
- Fatigue
- Congestion or runny nose

#### IF YES

##### ISOLATE AT HOME

Avoid others in the household and do not leave the home except to seek medical care. This child can return to school and other activities when all the following are true:

- It has been at least 10 days since symptoms started AND
- They have not had a fever for 24 hours without any fever-reducing medication AND
- The other symptoms have improved
- MUSD may require clearance by a doctor

#### IF NO

##### ISOLATE AT HOME

Avoid others in the household and do not leave the home except to seek medical care. This child can return to school and other activities when all the following are true:

- It has been at least 10 days after their first positive COVID-19 test
- MUSD may require clearance by a doctor